

Interaction, the Effect of the Heroic Part

Leading through Clarity – Post-Heroic Communication

What?

- > Targeted management of communication processes
- Method-based communication knowing and conveying the full message
- Feedback, praise and setting measures

When and why?

- Non-achievement of targets due to inefficient communication in the team
- Conflicts due to unclear communication, misunderstandings
- > Project stagnation due to inadequately defined goals
- Staff not developing due to lack of feedback
- Frustration in the team due to lack of feedback and praise

Objectives

- Communicating messages, goals, instructions clearly and specifically in meetings, in appraisals or when delegating
- Avoiding misunderstandings
- Time-efficient communication to make best use of resources
- Communicating values

Who?

Groups, managers, team leaders

How?

- Team or one-to-one setting
- 2+1 day(s) (6 week break in between for reference purposes)

Method

POL, autopoiesis model, feedback methods, giving praise and feedback, setting measures, first and second order reality, reaction exercises, role playing



$\mbox{Enticing Communication} \rightarrow \mbox{Presentation Techniques 2}$

What?

- Advanced Workshop to Presentation Techniques 1
- Making communication interesting and exciting
- Presentation formats
- Inspiration and enthusiasm through voice, facial expression, gesture
- Consciously focusing awareness
- The audience as resource

When and why?

- Desire for efficient communication of learning content and information in meetings, training courses, presentations
- Experience with lack of attention from or disruptive audiences
- **Exceeding the prescribed time limits**

Objectives

- Exciting, motivating, impressive presentations
- Targeted communication of content
- Inspiring creativity and making the audience think
- Reduction in stress before/during a presentation or speech
- Optimal use of time
- In-depth discussion of content

Who?

Managers and anyone who regularly gives presentations or speeches

How?

- Prerequisite: Presentation Techniques 1
- 1 day workshop (group setting) or
- Preparation for a specific presentation or speech (one-to-one setting)

Method

DRIMM model, Aristotelian suspense, YES-connection



Agile Communication \rightarrow for Different Personalities

What?

- Individual INSIGHTS personality analysis (incl. style of communication, thinking, work)
- Flexibility in quantity of words, speed and content to provide more clarity
- Recognising and adapting to the communication needs of the others
- Accepting the differences and using the commonalities

When and why?

- Conflicts due to lack of tolerance and appreciative communication
- Misinterpretations and misunderstandings
- Differences in self-image and external image
- Lack of ability to see the diversity in human behaviour and the success it brings

Objectives

- **)** Tolerance and acceptance of different characters
- Understanding different styles of communication (= basis for successful communication and respectful interaction)
- Efficient cooperation
- Self-awareness

Who?

Teams, managers, everyone!

How?

- Preparation: individual INSIGHTS personality analyses incl. feedback sessions
- 1½ day workshop in a team setting

Method

INSIGHTS personality analysis, autopoiesis model, first and second order reality, role playing, improvisational theatre